

Vision: Developmental Milestones

Vision milestones refer to changes in a child's visual abilities as they grow and mature.



Babies have a strong preference for faces and can recognize their parents within days.

Birth-9 Months:

- · Focuses on caregiver's face and colorful objects
- · Follows simple movement with eyes
- · Responds to changes in visual stimuli

9-12 Months:

- Makes frequent eye contact with caregivers
- Plays Peek-A-Boo
- Shows interest when seeing familiar objects or people
- · Can visually track a rolling ball





1-2 *years:*

- · Begins to recognize familiar objects in a book
- · Able to scribble with a crayon or pencil
- Begins to understand concepts like: "in" "out" "up"and "down"
- · Explores objects with hands and eyes

Page 2

Milestones are significant markers in individual development, they allow us to monitor growth and identify potential areas of concern or intervention.

Around the age of 2, children start developing depth perception, which helps them judge distances. This is when they begin to build confidence in climbing stairs or navigating playground equipment.



2-3 years:

- Will engage in object appropriate pretend play (ex. stirring a spoon in a pot)
- · Matches and sorts objects by color, shape, or size
- Scribbling with purpose, makes marks that resemble shapes
- Identify colors appropriately
- Able to start fitting simple puzzle pieces together





Children who spend more time outside, in daylight, have a reduced risk of developing nearsightedness (type of vision loss).

3-4 years:

- Able to copy shapes
- Identify colors appropriately
- · Builds block towers without them falling over
- Strings large beads onto string
- Pours water or sand from one container to another without spilling
- Able to use utensils more effectively
- Can complete simple puzzles
- Improved visual memory, able to recall things they saw





4-5 years:

- Recognizes the alphabet
- · Able to write letters and numbers
- Can differentiate objects that are similar in size, shape, color, pattern, etc.
- Recognizing familiar landmarks in community
- Can recall experiences with greater accuracy and more detail

5-6 *years:*

- Uses scissors with more precision
- · Writing legible letters and numbers
- Draws recognizable objects
- Can sort objects by color, shape, or size accurately
- Shows spatial awareness through playing games like hopscotch or tag



The size of a child's eyes doesn't change much from birth. A newborn's eyes are about 65% of the size they will be in adulthood.



Check back for updates!

Illinois Early Hearing
Detection & Intervention
Program





